



Liste der Siegerinnen und Sieger

		Frauen	Jahr	Männer	
			1986		
			1987		
			1988		
St. Küsel			1989	A. Drosdowsky	
			1990		
Thordis Jacobsen	1:17:00		1991	Kai Zabel	1:07:00
Sandra Fischer	1:16:58		1992	Ole Bergmann	1:10:20
Maike Eisenberg	1:11:36		1993	Sascha Heinsohn	1:06:46
Julia Buchholtz	1:22:10		1994	Thore Zantop	1:17:27
Julia Buchholtz	1:12:31		1995	Niels Grützmacher	1:09:27
Kerrin Kemlein-Schiller	1:06:20		1996	Olaf Jantz	1:07:17
Kerrin Kemlein-Schiller	1:09:31		1997	Matthias Kowalczyk	1:05:28
Kerrin Kemlein-Schiller	1:06:31		1998	Matthias Kowalczyk	1:04:48
Irina Hagedorn	1:06:15		1999	Matthias Kowalczyk	1:01:59
Indra Erichsen	1:08:46		2000	Peter Strzezyk	1:01:31
Ina Reese	1:09:19		2001	Christian Würger	1:04:26
Anke Sibbersen	1:05:56		2002	Sibbern Sibbersen	1:04:41
Anke Sibbersen	1:07:31		2003	Christian Würger	1:04:12
Denise Herrig	1:08:02		2004	Roland Schlehofer	1:11:42
Denise Herrig	1:04:37		2005	Roland Schlehofer	1:04:42
Imke Oelerich	1:11:32		2006	Yannic Corinth	1:06:50
Imke Oelerich			2007		
Imke Oelerich	1:07:35		2008	Jan Hendrik Nothbaar	1:03:33
Beeke Oelerich	1:13:05		2009	Jan Hendrik Nothbaar	1:04:17
Wienke Peters	1:07:02*		2010	Jan Hendrik Nothbaar	1:00:51
Wienke Peters	1:14:07		2011	Frank Erdmann	1:11:38
Godje Paulsen	1:18:06		2012	Rouven Corinth	1:06:59
Marieke Löbkens	1:16:45		2013	Hendrik Wellen	1:09:58
Marieke Löbkens	1:11:10		2014	Adrian Nehls	1:15:07
Kira Hansen (Engl.)	1:15:28		2015	Adrian Nehls (M. Leßmann)	1:21:14 1:20:19
Lene Andresen (Kira Hansen)	1:06:16 1:05:35		2016	Malte Raddatz (Mads Höfer)	1:12:59 1:10:51
Lene Andresen	1:10:39		2017	Paul Jordan	1:12:15
Jane Andresen	1:13:48		2018	Kjell Gildner	1:12:56
Silja Greve	1:02:13		2019 <small>kürzere Radstrecke</small>	Lennert Jessen	1:06:57
Kira Stybalkowski	54:52		2020 <small>Kürzere Radstrecke + Umziehpause</small>	Jorve Hoffmann (M. Leßmann)	1:05:56 1:02:34
Jenny Gerasimov	1:19:39		2021 <small>Duathlon</small>	Mads Witt	1:13:01